



ALTARUM and VBID Health

Research Consortium for Health Care Value
Assessment

George Miller, PhD – Center for Value in Health Care

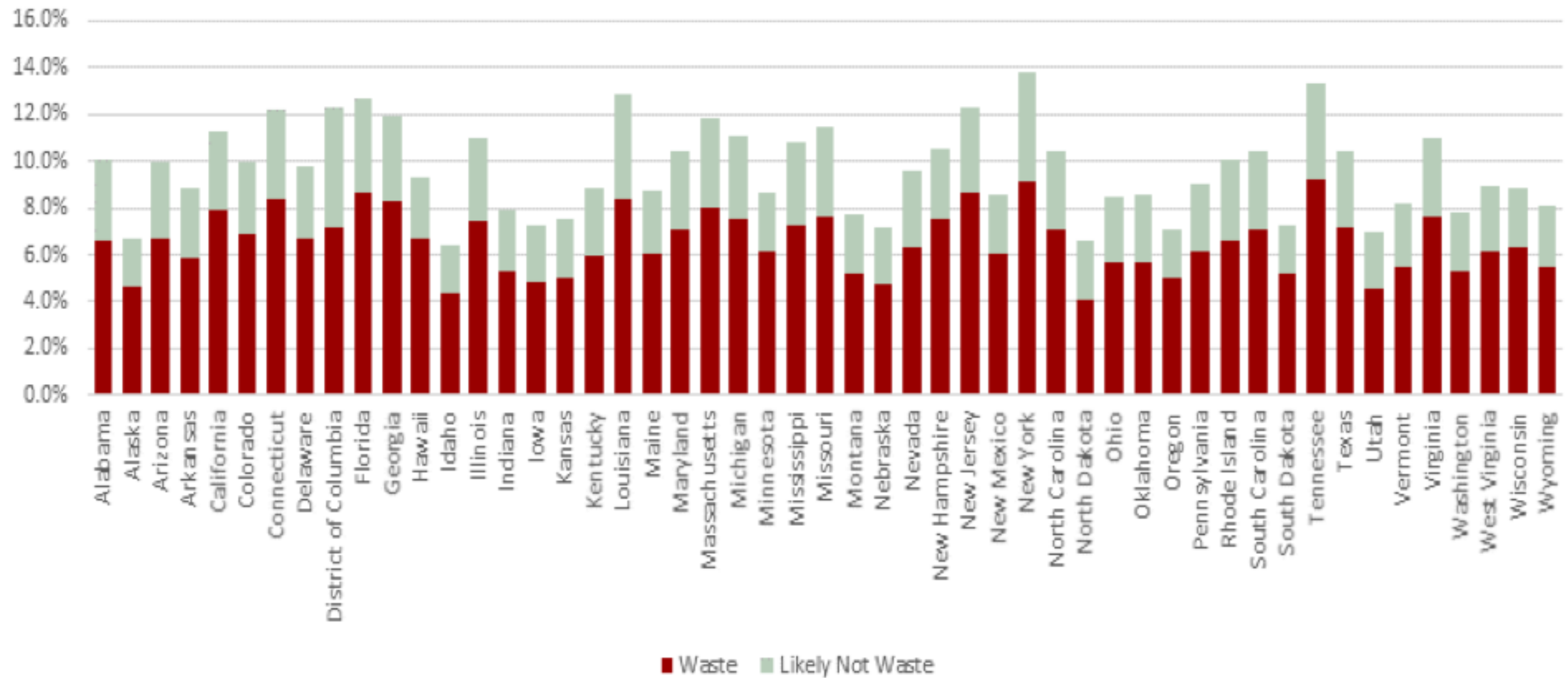
Beth Beaudin-Seiler, PhD – Center for Value in health Care



2019 Quick Strike 2

	Professional Society	Description
1.	American Academy of Family Physicians	Don't do imaging for low back pain within the first six weeks, unless red flags are present
2.	Society of General Internal Medicine	Don't perform routine pre-operative testing before low risk surgical procedures
3.	Low Value Care Task Force	Don't use brand-name drugs when generic equivalents are available
4.	American Society for Clinical Pathology	Don't perform population-based screening for 25-OH-Vitamin D deficiency
5.	American Society of Clinical Oncology	Don't perform PSA testing for prostate cancer screening in men with no symptoms of the disease when they are expected to live less than 10 years.
6.	American College of Rheumatology	Don't routinely repeat DXA scans more often than once every two years
7.	American Academy of Neurology	Don't perform electroencephalography (EEG) for headaches
8.	American Academy of Family Physicians	Don't order annual electrocardiograms (EKGs) or any other cardiac screening for low-risk patients without symptoms
9.	American Psychiatric Association	Don't prescribe 2 or more concurrent antipsychotic medications
10.	Society for Post-Acute and Long-Term Care Medicine	Don't recommend screening for breast, colorectal, or prostate cancer if life expectancy is estimated to be less than 10 years
11.	American College of Preventive Medicine	Don't perform screening for cervical cancer in low-risk women aged 65 years or older and in women who have had a total hysterectomy for benign disease.
12.	American College of Rheumatology	Don't perform MRI of the peripheral joints to routinely monitor inflammatory arthritis
13.	American Academy of Orthopedic Surgeons	Arthroscopic lavage and debridement for Knee Osteoarthritis
14.	American College of Obstetricians and Gynecologists	Don't perform routine annual cervical cytology screening (Pap tests) in women 30 – 65 years of age.
15.	Society of Cardiovascular Computed Tomography	Coronary Artery Calcium Scoring for Known Cad
16.	American Headache Society	Don't prescribe opioid or butalbital-containing medications as first-line treatment for recurrent headache disorders
17.	American Academy of Physical Medicine and Rehabilitation	Don't prescribe opiates in acute disabling low back pain before evaluation and trial of other alternatives is considered
18.	American Society of Nephrology	Prescribing NSAIDs for Hypertension, Heart Failure or Chronic Kidney Disease
19.	American Academy of Family Physicians	Don't routinely prescribe antibiotics for acute mild-to-moderate sinusitis unless symptoms last for seven or more days, or symptoms worsen after initial clinical improvement.
20.	American Academy of Allergy, Asthma & Immunology	Don't order sinus computed tomography (CT) or indiscriminately prescribe antibiotics for uncomplicated acute rhinosinusitis

LVC-14: Rate Potentially Wasteful Pap Test Screening for Women 30-65





Standardized Low Value Care Reporting Tool

Project Details

- ▲ Funding in late 2018 from PhRMA
- ▲ Idea originally discussed in LVC Task Force
- ▲ Develop a way to allow multiple users to view low value care data in a meaningful way





What Was Done

- ▲ Interviews conducted in December, 2018
- ▲ Build of Version 1 in 2019

Demonstration and Feedback



▲ <https://www.hcvalueassessment.org/resource-tool.php>



Thank you and Questions

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RESEARCH CONSORTIUM
for Health Care Value Assessment

Year

Category

Number of Members Who Received This Service

Number of Members Who Received Low Value Care Service

Unit (Proxy) Cost of Service

Total (Proxy) Cost of Service

Add Service



Unit (Proxy) Cost of Service <input type="text"/>	Total (Proxy) Cost of Service <input type="text"/>
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Add Service

Add Year

Median Age <input type="text"/>	Insurance Type Breakdown %			
	Private <input type="text"/>	Medicare <input type="text"/>	Medicaid <input type="text"/>	Uninsured <input type="text"/>

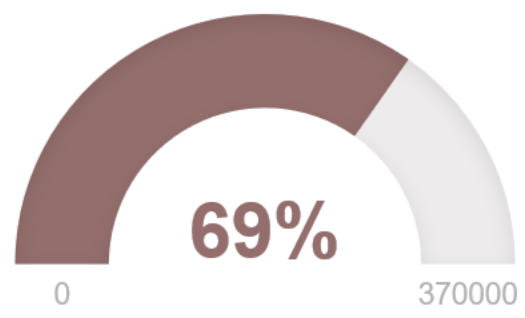
Calculate

Aggregate Results | **Individual Results**

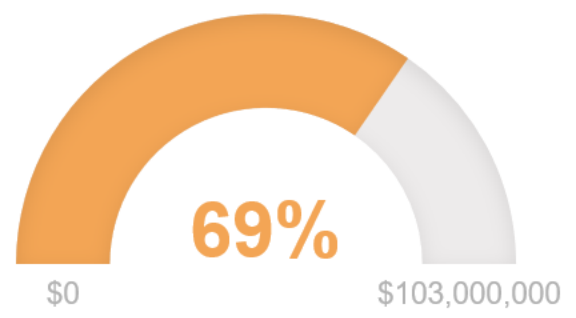
All Reported Services

% OF LOW VALUE CARE

% of members receiving low value care service



% Low Value Care: 2106



Demographics

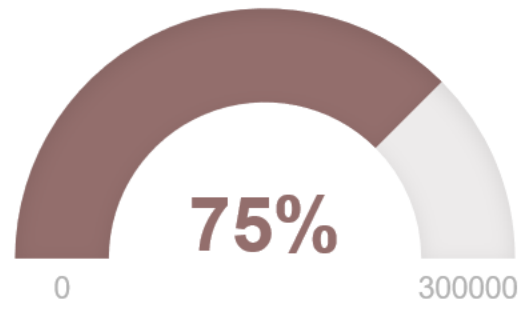
Total Members	370,000
Median Age	46
Insurance Type Breakdown %	Private: 75% Medicare: 15% Medicaid: 3% Uninsured: 2%
Total Cost	\$103,000,000
Total LVC Cost	\$71,300,000

Don't do imaging for low back pain within the first six weeks, unless red flags are present

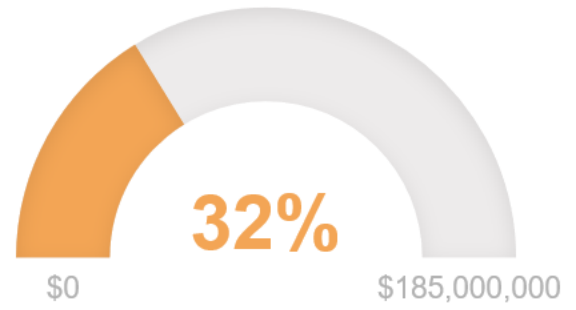
"Don't do imaging for low back pain within the first six weeks, unless red flags are present"

% OF LOW VALUE CARE

% of members receiving low value care service




% Low Value Care: 2016 to 2017



LOW VALUE CARE TOTALS

 **\$18,750,000.00**
total cost of likely low value care service

 **75,000**
members with selected service likely receiving low value care

The Research Consortium for Health Care Value Assessment is a partnership between [Altarum](#) and [VBID Health](#), with funding from the [PhRMA Foundation](#) as part of its [Value Assessment Initiative](#), established to promote the pursuit of value in health care delivery in the U.S. Follow us at [@ValueConsortium](#).

CONTACT

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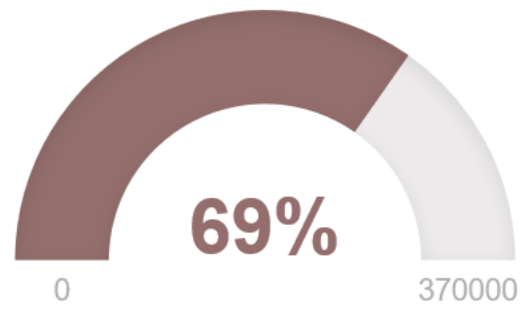
Aggregate Results

Individual Results

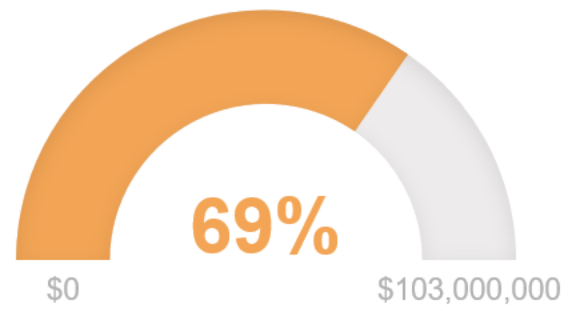
All Reported Services

% OF LOW VALUE CARE

% of members receiving low value care service



% Low Value Care: 2016 to 2018



Demographics

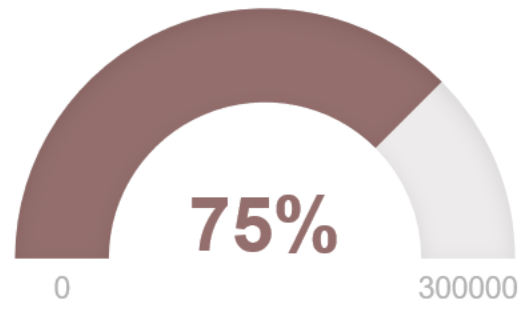
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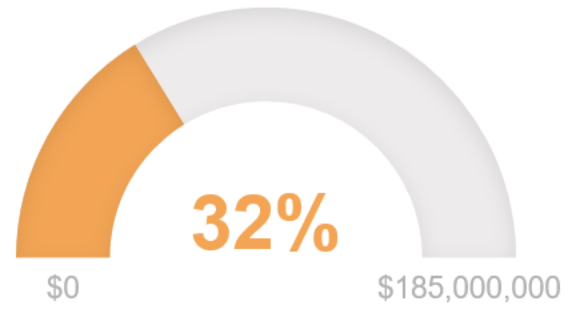
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% OF LOW VALUE CARE



% of members receiving low value care service



% Low Value Care: 2016 to 2017



LOW VALUE CARE TOTALS

 **\$71,300,000.00** 
total cost of likely low value care service

 **257,000** 
members with selected service likely receiving low value care

TRENDS

Total cost of likely low value care service

