



VBID HEALTH

Colleagues in Low-Value Care Reduction,

We are pleased to share upcoming events and news related to our low-value care reduction efforts. Please feel free to reach out with any questions or comments.

Upcoming Events

- **Reminder: [Smarter Health Care Coalition Annual Summit](#)**
 - *"Achieving Value in Care Delivery: Policy, Politics and Progress to Support Value Based-Insurance Design (V-BID)"*
 - **Wednesday, October 24**
 - **Washington, DC, in the Russell Senate Office Building (Room 325)**
- National Alliance of Healthcare Purchaser Coalitions
 - **October 25, [webinar](#): "Employers' Perceptions & Actions Related to Healthcare Waste"**.
 - **November 12-14, [Annual Forum](#)**: on November 13, members of the Task force (Lauren Vela, Susie Dade, Troy Ross, and Cheryl Larson) will discuss reducing low-value care at an Annual Forum breakout session.
- Academy Health and NPC [webinar series on health care spending](#)
 - Next webinar, TBD -- keep an eye out for upcoming events.
- [See the bottom of this email for more detailed information on these events.]

Fourth Task Force meeting -- follow up survey

- Thank you to everyone who already completed the survey for the September meeting! If you have not had the chance, please click here: <https://www.surveymonkey.com/r/MPLGGBQ>
- Note that a number of presentations from September are on the VBID Health website. If a presentation of interest is not listed, please reach out and I can connect you with the presenter.

Recent News and Noteworthy Reads

- **Altarum and VBID Health launch "Research Consortium for Health Care Value Assessment"** -- Altarum and VBID Health announced in September the launch of the [Research Consortium for Health Care Value Assessment](#), a PhRMA Foundation-funded initiative that brings together researchers working in health care value to collaborate, share findings, and develop research ideas to help address inefficiencies in health care -- "We believe that affordability in health care delivery is best achieved by efficiently allocating costs across the entire budget and spectrum of care."
- [Development of a Conceptual Map of Negative Consequences for Patients of Overuse of Medical Tests and Treatments](#) (JAMA) -- "Clarifying the breadth of potential negative consequences of overuse of tests and treatments for patients and the processes that can lead to them can inform efforts to understand and reduce overuse."
- [Getting Physicians to Stop Delivering Low-Value Care](#) (Health Affairs) -- "First, we should be doing the research before the procedure or test is widely used—and paid for, which tends to reinforce physicians' attachment to it. It took a decade for vertebroplasty to be put to a real test, and that's fast compared to how long it has taken to mount rigorous studies of other procedures..."
- [It's Hard for Doctors to Unlearn Things. That's Costly for All of Us.](#) (NYT Upshot) -- "Procedures live on even after they've been proved ineffective. It can lead to harms and wasted resources."
- [Millions of Americans Take Vitamin D. Most should just stop.](#) (Vox) -- a short Vox article exploring the history of Vitamin D supplements and the thin evidence for its benefits, in response to [new research](#) published in *Lancet Diabetes and Endocrinology*. Good to see popular media (continue) picking up low-value care research!
- [Fewer U.S. adults getting unnecessary knee surgery](#) (Reuters UK) -- knee surgeries are an often-cited example of sticky low-value care, but doctors may now be reacting to new evidence that knee surgeries are often low-value, according to new research.
- [Prostate cancer care for older men estimated to cost Medicare \\$1.2 billion](#) (Healthcare Finance) -- "of that, \$451 million was spent on men who had cancer graded with a Gleason score of 6, considered unworthy of aggressive treatment."
- [Can We Curb High Health Care Spending by Focusing on End-of-Life Care?](#) (NIHCM)

Please let me know if you have any feedback regarding the Task Force or these updates. Thank you to everyone for your continued engagement.

Best,
Michael Budros

More information on the upcoming events listed above

- Smarter Health Care Coalition Summit speakers include:
 - Brian Blase, Ph.D., Special Assistant to the President for Healthcare Policy, White House National Economic Council
 - Frederick Isasi, Executive Director, Families USA
 - Danielle Janowski, Legislative Assistant, Office of Senator John Thune
 - Dr. Mark Fendrick, University of Michigan V-BID Center
 - George Huntley, Treasurer & Past-Chair, National Diabetes Volunteer Leadership Council
 - Rachel Leiser Levy, Principal, Groom Law Group

- NAHPC Healthcare Waste webinar, October 25:
 - Featuring speakers Lauren Rudoff (Benfield) and Michael Thompson (CEO of the National Alliance), with reactions from Lauren Vela and Al Charbonneau (Rhode Island Business Group on Health).
 - Over the summer, the National Alliance and Benfield, a part of the Gallagher Human Resources & Compensation Consulting Practice, conducted a pulse survey of employers' perceptions and actions related to waste and what employers are broadly doing to address unnecessary costs now and in the future. The webinar will highlight the key findings and provide recommendations that both coalitions and employers can use to support future strategic planning in this area. This virtual event is open to the public and we hope you can join us ([click to register](#))!

- NAHPC Annual Forum, November 12-14: [click here for the full agenda](#) and [click here to register](#).